

FAE-AD

Fetal Alcohol Syndrome/Effects or Attachment Disorders

| FAS/FAE: | ATTACHMENT DISORDER: |
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| 1. Problems in bonding and attachment: Due to brain damage, or, conversely, “love everyone.” | 1. Problems in bonding and attachment: Due to environment/parents. |
| 2. Feel they are bad: Poor self-esteem, feel everyone’s mad at them. | 2. Feel they are bad: In deepest core, feel they are responsible for all the negative things that have happened to them. |
| 3. Blame others for their problems: Lacking cause-effect thinking, they forget their actions immediately. | 3. Blame others for their problems: Feel no responsibility for their actions |
| 4. “Act out” when disciplined: Do not link behavior to consequences. | 4. “Act out” when disciplined: View good care giving as just an attempt to “get” them. |
| 5. Unable to distinguish feelings: Unable to understand emotions. | 5. Unable to distinguish feelings: Fear emotions take away their control. |
| 6. Poor eye contact: Highly anxious. Eyes don’t work together. | 6. Poor eye contact: Relate eye contact to trust, which to them equals loss of control. Loss of control equals death to them. |
| 7. Lie: Unable to predict or to distinguish fantasy from reality. Will say what they believe you wish them to say. | 7. Lie: For purposes of power and control. |
| 8. Steal: See it/want it/take it. Lack sense of ownership. | 8. Steal: Lack empathy. Tendency to hoard. Stealing gives sense of power. |
| 9. Aggressive: “Overload” easily. Have low frustration levels. Are easily overly stimulated. | 9. Aggressive: Anger puts child in control of the situation and provokes fear. |
| 10. Dislike being touched: Have sensory integration problems. Touch may be painful. | 10. Dislike being touched: Touch is an element of attachment, which they avoid at all costs. |
| 11. Act younger: Due to brain damage. | 11. Act younger: Attention seeking; power and control issues. |
| 12. Play with younger children: May be intellectually and socially younger, so prefer the play of younger children. | 12. Play with younger children: Find it easier to control, manipulate and/or hurt younger children, which gives feelings of power/importance. |
| 13. Hurt, or over-love animals: Cannot tell when enough is enough. | 13. Hurt animals: Like to control or hurt, as they’ve been hurt. Animals are viewed as easy targets. |

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